

OCTOBER 2011

National School Lunch Week

October 10-14





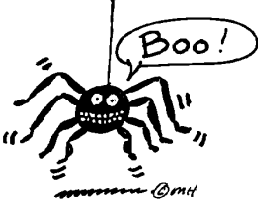
RICHFIELD & PLAT ELEMENTARY LUNCH MENU



LET'S GROW HEALTHY



Menu subject to change. Lunch Price is \$2.35. All meals come with choice of low-fat or skim milk. Ala carte milk is 35¢. Grades 3 thru 8 meals come with Tossed Salad.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3-Oct</p> <p>Mini Corn Dogs Baked Beans Pineapple Tidbits Sherbet Cup</p>	<p>4-Oct</p> <p>Sweet & Sour Chicken Steamed Rice Broccoli Mandarin Oranges</p>	<p>5-Oct</p> <p>Grilled Cheese Fresh Carrots & Celery Tomato Soup Fruit Cocktail</p>	<p>6-Oct</p> <p>Salisbury Steak Mashed Potatoes & Gravy Applesauce Dinner Roll</p>	<p>7-Oct</p> <p>Chicken Strips Potato Smiles Fresh Pear Rice Krispie Bar</p> <p></p> <p>World Smile Day RSVPs for 10/13 due today</p>
<p>10-Oct</p> <p>Popcorn Chicken Glazed Carrots Fruit Cocktail Sliced Whole Wheat Bread</p>	<p>11-Oct</p> <p>White Chicken Chili California Blend Veggies Peach Slices Cornbread</p> <p></p> <p>National Chili Month</p>	<p>12-Oct</p> <p>French Toast with Eggs Breakfast Potatoes Strawberries Yogurt Cup</p>	<p>13-Oct</p> <p>Chicken Soft Taco Cheesy Rice & Beans Corn Cinnamon Applesauce</p> <p></p> <p>Join us for Lunch Today! Please RSVP by 10/7</p>	<p>14-Oct</p> <p>Meatball Pocket Melt Parmesan Noodles Green Beans Mandarin Oranges</p>
<p>17-Oct</p> <p>Hot Dog Oven Baked Fries Baked Beans Pear Slices</p>	<p>18-Oct</p> <p>Sausage Pizza Caesar Salad Orange Wedges Cookie</p>	<p>19-Oct</p> <p>Cheeseburger Pasta Salad Fresh Veggies Peach Slices</p> <p></p> <p>National Book Month</p>	<p>20-Oct</p> <p>Taco Salad Meat, Cheese, Chips Lettuce, Salsa, Sour Cream Pineapple Tidbits Chocolate Pudding</p>	<p>21-Oct</p> <p>Chicken Giggles Broccoli Applesauce Jello</p>
<p>24-Oct</p> <p>Chicken Nuggets Sweet Potato Bake Fruit Cocktail Sliced Whole Wheat Bread</p>	<p>25-Oct</p> <p>Teriyaki Chicken Bites Steamed Rice Mandarin Spinach Salad Pineapple Tidbits</p>	<p>26-Oct</p> <p>Lasagna Tuscan Blend Vegetables Pear Slices Garlic Breadstick</p>	<p>No School Today</p>	
<p>31-Oct</p> <p>Italian Chicken Sandwich Mixed Vegetables Pear Slices Harvest Cookies</p>	<p>WHERE DO GHOSTS BUY THEIR FOOD? At the ghost-ery store</p> <p>WHAT'S A GHOSTS FAVORITE FRUIT? Boo-berries</p>			<p></p>

This institution is an equal opportunity provider.