

# BREAKFAST SEPTEMBER 2011

# Richfield Elementary School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEL</b> 	<b>BREAKFAST FACT</b> <b>MyPyramid recommends!</b> "Start smart with breakfast. Look for whole-grain cereals." 		Smuckers Crustless PB&J <b>1</b>  Juice Milk	Warm Cinnamon Roll String Cheese <b>2</b>  Juice Milk
<b>LABOR DAY</b> <b>5</b>  <b>NO SCHOOL</b>	Whole Grain Bagel <b>6</b>  Juice Milk	(4) French Toast Sticks <b>7</b>  Fruit Milk	Whole Grain Muffin <b>8</b>  Fruit Milk	Warm Cinnamon Roll String Cheese <b>9</b>  Juice Milk
Whole Grain Cereal String Cheese <b>12</b>  Juice Milk	(2) Waffles <b>13</b>  Fruit Milk	(3) Breakfast Bites... (sausage wrapped in pancake batter) <b>14</b>  Fruit and Milk	Whole Grain Bagel <b>15</b>  Fruit Milk	Warm Cinnamon Roll String Cheese <b>16</b>  Juice Milk
Whole Grain Cereal String Cheese <b>19</b>  Juice Milk	(2) Pancakes <b>20</b>  Fruit Milk	(4) French Toast Sticks <b>21</b>  Fruit Milk	Smuckers Crustless PB&J <b>22</b>  Fruit Milk	Warm Cinnamon Roll String Cheese <b>23</b>  Juice Milk
Whole Grain Cereal String Cheese <b>26</b>  Juice Milk	(2) Waffles <b>27</b>  Fruit Milk	Breakfast Pizza.... Whole grain crust with egg, bacon and cheese <b>28</b>  Fruit and Milk	Whole Grain Muffin <b>29</b>  Fruit Milk	Warm Cinnamon Roll String Cheese <b>30</b>  Juice Milk
			<b>School Information:</b> <ul style="list-style-type: none"> <li>• Cost of breakfast is \$1.45 and includes Milk</li> <li>• Breakfast items are subject to change without notice</li> </ul>	